

# MACROBIOTIC

F O U N D A T I O N

O F C E N T R A L F L O R I D A

## Benefits of Membership

Discount on Macrobiotic Foundation Dinners,  
Workshops and Cooking Classes  
Subscription to Macrobiotics Today



YES, I WANT TO BE A MEMBER OF THE MACROBIOTIC FOUNDATION!

MEMBER(S) \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE (     ) \_\_\_\_\_ WORK PHONE (     ) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

### CURRENT DUES:

SINGLE \$30 FOR 1 YEAR, \$45 FOR 2 YEARS

NEW MEMBER - TODAY'S DATE \_\_\_\_\_

FAMILY \$40 FOR 1 YEAR, \$65 FOR 2 YEARS

RENEWAL

**MAKE CHECKS PAYABLE TO THE MACROBIOTIC FOUNDATION OF CENTRAL FLORIDA**

**DETACH & MAIL TO: P.O. Box 914, Winter Park, FL 32790-0914**